

Youth Tennis Participants & Parents,

Augusta Health Fitness is excited to release our **Summer 2025 Youth Tennis Programs** schedule to you! This will mark our 25<sup>th</sup> year offering safe, high quality, and fun summer tennis programs to youth in our community.

We are also very proud to note that our Tennis Coaching Staff is comprised of coaches that collectively have 165 years of tennis playing experience (including recreational, high school, collegiate, and USTA sanctioned play) and 61 years of coaching experience (including Professional Tennis Registry certified staff, USTA Safe Play certified staff, recreational, high school, collegiate, and high performance) coaching experience. Most importantly, our staff is passionate about introducing the wellness benefits and life lessons learned through playing tennis to young members of our community.

There are 7 weeks of programs available to register for (including a new 4-day High Performance Players Camp) and 4 different classes (based on age and skill set) for you to choose from. Sessions are not built one on top of the other, you may jump in as it suits your schedule. Check out the information below to see what we are offering and how to register (blue and red text).

Please feel free to share this information with other folks that might be interested in our programs. Tennis is best when it's enjoyed with your family and friends!

Thank you, and we hope to see you and your smiles this summer on our courts!

Coach Chad, Coach Greg, Coach Freddie, Coach Mark, Coach Jack, and Coach Jeremy

- **REGISTRATION IS OPEN**
- **REGISTRATION DEADLINE: 1 WEEK PRIOR TO START OF SESSION**
- **SPOTS FILL FAST, REGISTER EARLY**

***YOUTH TENNIS SUMMER SESSIONS #4, #5, #6, #7, #8, #9, and High Performance Players Camp at the Augusta Health Clay Court Tennis Facility***

***\*Multiple Child Discount (MCD) Families having more than 1 child enrolled in programs at the same time will be charged full price for the first child enrolled with a 15% discount given to each additional child enrolled in each equivalent or lower-priced program.***

***Inclement Weather Policy Every reasonable attempt will be made to hold clinics if our facilities are open. Cancelled clinics will be rescheduled or program credits***

*given out towards future programming. Please call 540-332-5280 one hour prior to any class to find out about weather related delays or cancellations.*

### **Munchkin Tennis, (Parent & Child)**

A program designed to help parents learn how to introduce simple and fun athletic at home activities that will aid in their child's tennis learning as they get older.

- Smaller racquets
- Slower balls
- Big FUN!

**2 HOURS PER SESSION**

*Ages 4 - 6 years old, parent participates with the child*

*Monday, Tuesday, Wednesday, and Thursday*

*8:30 AM – 9:00 AM*

*Session 4: June 2, 3, 4, & 5*

*Session 6: June 16, 17, 18, & 19*

*Session 8: July 14, 15, 16, & 17*

*4 Player Max Enrollment*

*Cost: \$40, \*MCD = \$34*

### **Future Stars, 10 and Under Tennis**

Encourages *beginning/intermediate level players* to develop:

- Rally skills
- Proper stroke technique
- Early competitive skills

**4 HOURS PER SESSION**

*Ages 7 - 10 years old*

*Monday, Tuesday, Wednesday, and Thursday*

*9:00 AM – 10:00 AM*

*Session 4: June 2, 3, 4, & 5*

*Session 5: June 9, 10, 11, & 12*

*Session 6: June 16, 17, 18, & 19*

*Session 7: June 23, 24, 27, & 28*

*Session 8: July 14, 15, 16, & 17*

*Session 9: July 21, 22, 23, & 24*

*12 Player Max Enrollment*

*Cost: \$60, \*MCD = \$51*

### **Rising Stars, 11 to 17 Tennis**

Focuses on *beginning/intermediate level player* development by:

- Increasing skill development
- Enhancing stroke production
- Fast paced drills and games

**6 HOURS PER SESSION**

*Ages 11 - 17 years old*

Monday, Tuesday, Wednesday, and Thursday

10:00 AM – 11:30 AM

Session 4: June 2, 3, 4, & 5

Session 5: June 9, 10, 11, & 12

Session 6: June 16, 17, 18, & 19

Session 7: June 23, 24, 27, & 28

Session 8: July 14, 15, 16, & 17

Session 9: July 21, 22, 23, & 24

*12 Player Max Enrollment*

Cost: \$90, \*MCD = \$77

### ***Aces, Competition Tennis***

For advanced skilled competitive players:

Focuses on:

- Enhanced skill and tactical development
- Point-based value drills
- Challenging competition to take game to new level

8 HOURS PER SESSION

Age 12 and above, Skills-Approved Players (approved by AHF Tennis Staff)

Monday, Tuesday, Wednesday, and Thursday

12:00 PM – 2 PM

Session 4: June 2, 3, 4, & 5

Session 5: June 9, 10, 11, & 12

Session 6: June 16, 17, 18, & 19

Session 7: June 23, 24, 27, & 28

Session 8: July 14, 15, 16, & 17

Session 9: July 21, 22, 23, & 24

*12 Player Max Enrollment*

Cost: \$120, \*MCD = \$102

### **High Performance Players Camp**

Positioned right before 3 local tournament playing opportunities, this camp is for advanced skilled competitive players looking to learn to enhance their skills, through an introduction to what high performance training looks like: On-court and off-court sport specific athletic training, nutritional guidelines for the young performance player, the mental side of competitive play, video analysis of strokes, and coached match play opportunities.

32 HOURS OF COACHING

Age 12 and above, Skills-Approved Players (approved by AHF Tennis Staff)

Monday, Tuesday, Wednesday, and Thursday

9 AM – 4 PM and

Tuesday and Thursday (Match Play Evenings)

6 PM – 8 PM

July 7, 8, 9, & 10

*8 Player Max Enrollment*  
Cost: \$510, \*MCD = \$434

**How do I/we enroll?**

If you have been a participant in one of our programs after April 1st, 2023, all you need to do is email Coach Chad and let him know what class and session(s) you want to be in. You will receive a confirmation e-mail from Coach Chad regarding your enrollment.

If you have never participated in our programs, or last participated before April 1st, 2023, you will need to complete the attached Child Facility Agreement (CFA) form and return to Coach Chad along with letting him know what class and session(s) sessions that you want to attend. You will receive a confirmation e-mail from Coach Chad regarding your enrollment.