

# Health Matters

The Magazine of Augusta Health

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# Building a Legacy



**Augusta**  
Health™

CELEBRATING **30** THIRTY YEARS!

Fall 2024

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## MY THOUGHTS

### All-in for Fall!

**W**elcome to the Fall 2024 issue of *Health Matters*! In this beautiful, colorful season, Augusta Health celebrates 30 years of dedicated service, enhancing the health and well-being of our entire community. We are immensely proud of this legacy and deeply grateful for your support and the privilege of being part of your lives.

Augusta Health celebrates 30 years of dedicated service, enhancing the health and well-being of our entire community.

As we reflect on our many milestones over the years, we are reminded that our commitment to delivering quality care continues to evolve with the changes in healthcare. As a national model for community-based healthcare, we are investing in innovation to support our team in discovering new ways of delivering care.

In this issue, we highlight our pioneering efforts in virtual nursing technology, which enhances patient care by providing more opportunities for clinical engagement and enables nurses to deliver more bedside care. We also share how our specialty care nursery team supports the bonding needs of babies as young as 34 weeks gestation, along with the anxieties of new parents. Additionally,

we introduce our first cohort of Internal Medicine resident physicians who are playing a pivotal role in improving access to primary care in our community.

This edition also honors the heart-warming legacy of the late Dr. Sam Carter. His dedication lives on through his son, Lee Carter, who has taken inspiration from his father's creation of the Shenandoah House to establish the first-ever dedicated hospice house in Mexico.

Lastly, we look to the future with plans to expand primary care services into the community with a new mobile van service. The Augusta Health Foundation has raised approximately half of the \$600,000 needed to acquire the mobile van. If you would like to contribute, please find the QR code on page 12.

As we near the end of our 30th anniversary year, our commitment to our communities, providers and team members remains steadfast. We look forward to continuing our pursuit of excellence, innovation and quality care for the next 30 years and beyond!

Thank you for reading,

Mary N. Mannix, FACHE  
President and Chief Executive Officer,  
Augusta Health

# Health Matters

The Magazine of Augusta Health

### THE MAGAZINE OF AUGUSTA HEALTH

Serving the cities of Staunton and Waynesboro, and Augusta County and its surrounding communities.

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# INSIDE



For more information or questions about services at Augusta Health, visit our website at [augustahealth.com](http://augustahealth.com).

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The information contained herein is not a substitute for professional medical care or advice. If you have medical concerns, seek the guidance of a healthcare professional. *Health Matters* aims to connect the community with healthcare experts within Augusta Health to learn more about issues that may be affecting your health. If you are not receiving *Health Matters*, you can view it or request to be added to the mailing list at [augustahealth.com/health-matters](http://augustahealth.com/health-matters).

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Augusta Health  
celebrates 30 years  
of excellence



# Building a Legacy



For three decades, Augusta Health has stood as a beacon of healthcare excellence in our community. From our modest beginnings to becoming an essential institution, this milestone is a celebration of our achievements and unwavering commitment to our community.

Augusta Health was born out of a vision to merge the distinct cultures and services of two small hospitals located in Waynesboro and Staunton. This fusion was initially met with fierce opposition, according to Charles “Mick” Andersen, MD, a retired orthopedic surgeon who served as an early member of our Board of Directors. However, with perseverance and time, Augusta Health emerged as an example of successful integration, attracting new specialists and enhancing medical services for the region.

“Mary Mannix, our bright and focused new CEO, assembled a team of progressive administrators that helped us become a total success story,” Dr. Andersen

says. “We increased offerings and our quality of service—and we remained independent. Not only that, we flourished.”

## Legacy of Care

Augusta Health’s dedication to healthcare extends beyond its walls. The hospital has played a significant role in addressing health crises. During the COVID-19 pandemic, we exemplified the best aspects of community healthcare by establishing a vaccine clinic in partnership with our local health department. “There was no playbook for how to handle a pandemic, and Augusta Health really stepped up as a central player taking care of the community,” says Rev. John Peterson, who currently serves as secretary/treasurer of our Board. This initiative was part of a larger public-private partnership that included local governments, businesses and organizations all working together to tackle health challenges.



## Major Milestones

• **60,000-square-foot Outpatient Pavilion with centers for imaging, breast care and surgical services:** “This shift has transformed the organization from solely an acute care provider to a comprehensive healthcare system, setting a high standard for community-centered care and enhancing the community’s overall well-being,” Mannix says.

• **Neighborhood Clinics:** In response to community need, our clinics provide primary care and additional services in 16 locations every month.

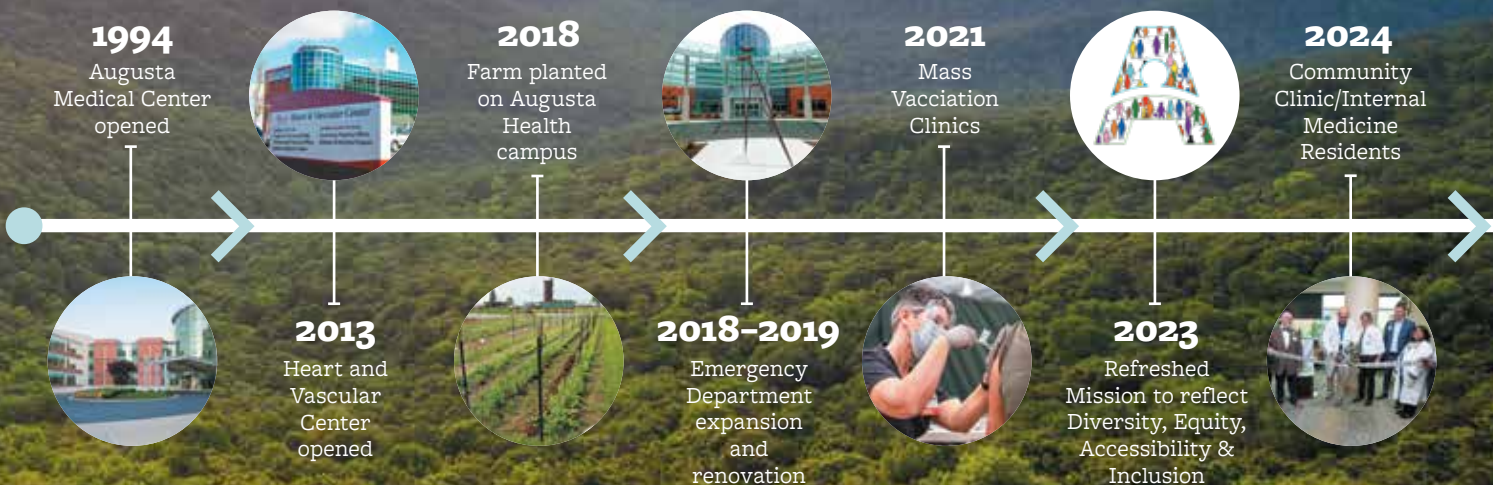
Our commitment to enhancing community health is evident through our innovative outreach efforts. We have increased access points through urgent care facilities and our neighborhood clinic that serves low-income and unhoused populations. “Even further, Augusta Health leads efforts to address housing insecurity with the Community Foundation, recognizing the direct link between stable housing and health outcomes,” Dr. Andersen says.

In addition, we have a farm on campus that provides fresh vegetables to patients in the hospital and the community. These efforts underscore our commitment to preventive care by meeting individuals’ needs before they escalate into more serious health issues.

## The Next 30

Augusta Health’s 30-year legacy is a testament to our resilience, innovation and dedication to community wellness. Our evolution from a regional healthcare provider to a comprehensive health system is a model of excellence and commitment to public service.

We are excited about our past successes and the promise of a strong future. “As we celebrate 30 years of outstanding accomplishments, we look forward to the future with the same dedication to excellence and commitment that has shaped our journey to becoming a national model for community-based healthcare,” says Mary Mannix, FACHE, CEO of Augusta Health.





# Theodore Cisu, MD

Meet the newest urologist at Augusta Health



Originally from Romania, Theo Cisu, MD, grew up in Canada and upstate New York before graduating with high honors and triple majors from the University of Virginia. After working in biomedical research at Harvard, he pursued a medical career and trained on the East Coast, ultimately returning to the Charlottesville area. When he's not at work, he enjoys spending time with his wife and two daughters, playing tennis and watching live music.

Dr. Cisu is a general urologist and robotic surgeon who treats all urologic conditions with a special interest in men's health, vasectomies, kidney stones, prostate and urinary issues, and cancers of the prostate, kidney, bladder and testicle.

### What is your favorite part of your job?

Developing a relationship with my patients. Whether it's meeting a guy for the first time to tell him about a vasectomy, managing a man's prostate cancer or helping a mom deal with her recurrent UTIs, I always cherish these conversations. I introduce myself as "Theo" to all my patients because I strongly believe that a doctor and a patient are on equal footing and all medical decisions should be made together as a team. Procedure-wise, I really enjoy doing vasectomies.

### Why did you choose to become a urologist?

The first reason is that a lot of the conditions urologists treat have fairly

tangible solutions, and you can help people very directly. For example, take a kidney stone. There are ways to pass the kidney stone or surgically remove it, and then that problem is fixed. Usually, there's an answer to urologic problems, and that's satisfying for both the patient and the provider.

Second, urology is a field of surgery, and that's the first sector in mind when trying new technologies and medical devices. In fact, we were the first specialty to do robotic surgery. Most of our surgeries are minimally invasive, so most of our incisions are the size of a fingernail (or smaller). Most of the time, to get into the kidneys, we use small cameras, lasers and knives. I grew up playing video games, and what I do professionally feels like a video game at times. So there's a fun component to it, too.

### What common misconceptions about urology do you frequently hear from patients?

One common question a lot of men have is: "If I have a procedure on my prostate, will I lose libido, testosterone or any component of my 'manliness' in some way?" That's a huge misconception. Just because your prostate is going to be treated, your testosterone levels, sexual interest or even erections are rarely affected.

About half of what I do is treat cancer. People don't realize that some cancers are preventable, and some are not. Globally, prostate cancer is the second most common cancer in men. Unfortunately, there is no way to prevent it. Prostate cancer is a humbling diagnosis that affects everyone, but bladder cancer, which is more lethal, can be prevented. Bladder cancer is almost entirely caused by smoking, with about a 50% chance of dying within five years if left untreated.

To schedule an appointment with a urologist, call (833) AHC-HLTH.

UROLOGY

# A Dream Shared

The Shenandoah House, thanks to Lee Carter, makes an impact in Mexico

In 2005, the Shenandoah House on Augusta Health’s campus was finally becoming a reality. The plans were drawn, the site was chosen, and funds were being raised. Sam Carter, MD, chairman on the hospice board, was instrumental in getting this project moving.

The following year, Dr. Carter entered hospice care. His son, Lee, flew from San Miguel de Allende, Mexico—where he had lived for almost 20 years—to help with his end of life care. At that time, Lee was unfamiliar with hospice care. He paid close attention as the nurses, aides, social worker and chaplain attended to the needs of the Carter family in their home. Dr. Carter died at the end of January. His family enjoyed many special times together during the final weeks of his life. Hospice made that possible.

Lee began to wonder if his community in San Miguel de Allende could support a hospice house. He met with staff at Augusta Health to gain information on how to begin a hospice house from scratch. Debbie Brown, Judy Matthews and Tammy Irby were happy to share insight with him.

Lee also oversaw the design and planting of the Shenandoah House gardens. He took on this task because his father had been concerned that the garden part of the project may get overlooked due to lack of funding. Happily, many donations were sent to the Augusta Health Foundation in memory of Dr. Carter, and the gardens at the Shenandoah House are named for him.



Lee Carter



Celebrating the fall 2024 opening of the first hospice care center in Mexico, the Hospice Care Mitigare Lee Carter Center.

When Lee returned to San Miguel de Allende in May 2006, he brought with him the dream of opening a hospice house in his community. At this time, there were zero hospices in Mexico. Lee began a small hospice in San Miguel and helped organize a symposium in Mexico City several years later to introduce hospice care to other communities.

But Lee still had another goal. He wanted to offer his community the opportunity for a dedicated hospice house in case their circumstances didn’t allow them to die at home. In 2022, he convinced the mayor of San Miguel de Allende to donate land for this new home, and the community began fundraising for the project. In 2024, construction started on a facility consisting of three patient bedrooms, staff offices and a training area. And of course, beautiful gardens are also part of this endeavor.

This home, the first of its kind in Mexico, opens on October 28. It is truly a dream come true thanks to Lee and the many Augusta Health community members who shared their expertise to make this happen.

To learn more about the opening of the San Miguel de Allende hospice house, visit [mitigare.org](https://mitigare.org).

# Engaging Technology

## Virtual Nursing

**B**ecause of the national nursing shortage, Augusta Health has embraced new industry trends to maintain our quality of care and enhance the patient experience. Most recently, we introduced virtual nursing in our inpatient Medical Innovation Unit, and benefits for patients and staff alike came flooding in.

“People become nurses because they want to care for others—not to fill out forms and paperwork,” says Vickie Taylor, DNP, RN, NE-BC, assistant chief nursing officer at Augusta Health. “During our 60-day pilot run, we were able to offload some of the regulatory documentation work to give bedside nurses more focused time with their patients.”

Virtual nursing is hosted through the patient’s TV using a platform called Care.ai. Through a video call, similar to Zoom, patients interact with a nurse to discuss their medical history, current medications, plan of care, education, discharge instructions, etc. The program also allows family members, translators and offsite providers to join the conversation virtually to stay educated on the care plan.



Sara King, BSN, RN,  
clinical nurse  
manager



Vickie Taylor, DNP,  
RN, NE-BC, assistant  
chief nursing officer

The Virtual Nurse calls from an onsite workspace that’s integrated into the patient room. The Virtual Nurse is an active member of the care team, collaborating with other

healthcare providers to manage patient care. Patients always interact with a real nurse, never a robot. But the platform does use artificial intelligence to monitor behavior and alert staff if a patient is at risk of falling or requires repositioning assistance.

Sara King, BSN, RN, clinical nurse manager at our Medical Innovation Unit, says the new virtual nursing platform has helped increase staff recruitment and retention, too. “During COVID-19, a lot of nurses experienced burnout,” she says. “Virtual nursing has helped them find their passion for the work again, by giving them more quality time with patients, virtually or at bedside. We look forward to seeing this program expand to other inpatient units.”

To learn more about our virtual nursing technology, call (833) AHC-HLTH.





NickyLloyd/E+ viaGetty Images

# Around-the-clock Care

## Specialty Care Nursery

**E**xpert care is available at **Augusta Health for mothers and babies from conception to birth and beyond.** When our tiniest patients need extra support and care, our specialty care nursery is ready to help the child adjust to life outside the womb.

Our specialty care nursery provides advanced around-the-clock care to premature and ill babies. We offer a variety of support services, including:

- Premature care
- Breathing assistance
- Eating support
- Blood sugar monitoring

Parents will meet neonatal nurse practitioners, pediatricians, respiratory therapists, specialized neonatal nurses and lactation consultants who work together to ensure that the child's needs are addressed. Our services are available to babies as early as 34 weeks or about four weeks before full term.

Entrusting our specialty care nursery with your newborn may not be part of your plan and can be emotionally and physically exhausting. Luckily, our team is prepared to soothe not just the babies but their parents as well.

When a child's first home is the hospital, separation anxiety is common. If space is available, parents can stay at their baby's side as special guests. Social workers are ready to guide parents through this journey, even acting as the middleman between families and doctors if parents desire.

Our knowledgeable team works tirelessly to treat your newborns while maintaining the family unit. Your first moments with your child may look different than imagined, but by listening to your baby's needs and the advice of their treatment team, you can better navigate this journey.


"The baby is in charge; they are the boss," says Daniele Ottinger, NNP, DDP, pediatric hospitalist at Augusta Health. "We are just listening to them and supporting them with what they require. You're part of our team; we're all in this together."

To learn more about our infant and pediatric care, visit [augustahealth.com/service/pediatric-hospitalists](https://www.augustahealth.com/service/pediatric-hospitalists).

# Working Together

Community Clinic

New medical residents provide essential care at our Community Clinic



Alexander Nguyen, DO, talks with a patient at our Community clinic.

Augusta Health is excited to announce the arrival of resident physicians to our hospital. Resident physicians are doctors who have completed medical school and are pursuing specialty training in their field of choice. At Augusta Health, our new resident physicians will be training in internal medicine and as part of their work here, they will care for adult patients at the new Augusta Health Community Clinic.

The clinic offers services for those who might not have a regular primary care provider. Sometimes, people in this situation rely on urgent care sites or the emergency department, even though their medical concern isn't a true emergency. They often wait for hours as other patients with more critical health problems get seen first.

Now, at the Community Clinic, these patients can book an appointment with a physician. Many people are seen for chronic problems like high blood pressure, diabetes or arthritis pain. Others come in because they have a scratchy throat or a rash.

## Continuity of Care

One patient, Jeffrey Mark Ham, was treated for a heart attack at our main hospital, where doctors performed surgery to insert a stent that holds his blood vessels

Our resident physicians will care for adult patients at the new Augusta Health Community Clinic.

open. While he was recuperating, Jeffrey met and received inpatient care from Alexander Nguyen, DO, an internal medicine resident. “He was super,” Jeffrey says. “He came and saw me in the recovery room right after surgery.”

Later, when Jeffrey went to the Community Clinic for follow-up care, Dr. Nguyen was there to take care of him. “They checked everything and noted things I needed to do,” says Jeffrey, “and I’ll go back for a follow-up in another six months.”

### The Appeal of Augusta

When Dr. Nguyen graduated from medical school and was applying to residency programs, he was happy to find one in the state where he grew up. “There were a couple of things that really struck me about Augusta,” he says. “The culture here is just so incredibly welcoming. All of the employees—the nurses, the support staff, the faculty—are genuinely caring and supportive. To add to that, my attending physicians are highly trained and passionate teachers. I knew from the moment I started that I was going to get the education I needed to be a great doctor.”

Dr. Nguyen enjoys being a part of our first class of residents; his work in the Community Clinic is meaningful because of the continuum of care that he can offer from the hospital to outpatient clinic. “I thought the clinic was a wonderful way to introduce us to the community, and



Dr. Nguyen shows a patient a heart diagram.

for us to get to know our patient population here,” he says.

### Win-win Situation

Jessica Collins, MD, internal medicine program director at Augusta Health, is proud of how the clinic is integrating the delivery of high-quality care to patients while training the next generation of physicians. Patients and staff alike are pleased with the results.



Jessica Collins, MD,  
internal medicine  
program director

“One of our employees was recently at a health fair in a local community, and someone sought her out to say, ‘You work for Augusta Health. I was just seen in the Community Clinic, and it was the best primary care experience I’ve ever had,’” Dr. Collins says. “We are hearing that patients are enjoying interacting with residents, and they find the quality of care to be exceptional.”



Our 2024 Internal Medicine Residents will be here for three years.

New patients—especially those who don’t have a primary care provider—can schedule an appointment at the Community Clinic by calling (540) 332-5595.



# GIVING MATTERS

## On the Road

### Philanthropy

Every year, Augusta Health Foundation hosts a gala to raise money for patient care services offered by Augusta Health. This past April, the gala focused its fundraising efforts on our Mobile Primary Care Clinic.

The Augusta Health Neighborhood Clinics, hosted in collaboration with community partners, allow us to respond to health disparities resulting from personal and socio-economic barriers. Just two years in, the program has opened 16 sites, caring for more than 1,000 patients.

Currently, our care team is challenged with the logistics of daily set up and tear down, maintaining the level of efficiency needed to meet the demand for care, and preserving patient privacy. Now, more than ever, our demand calls for expansion using an RV-type vehicle.



“A customized, fully equipped RV, complete with a lab area and two exam rooms, will better meet the access and privacy needs of patients,” says Shirley D. Carter, executive director and vice president of philanthropy at Augusta Health Foundation.

“Since moving back to my hometown last year, the Augusta Health Neighborhood Clinic at the Verona Community Center has been incredibly helpful in managing my diabetes. Every time I call, they always address my needs, and with various locations, they can make appointments convenient no matter where you live. Having reliable healthcare makes a big difference. From checking in with Debbie when I arrive to seeing medical professionals Melissa, Laura and Kim, I know they truly care about my health.”

—Nate Botkin

“It will also allow our team to provide care more efficiently and expand services to other remote locations where community clinics do not exist.”

This year’s gala raised \$152,750 toward the purchase of an RV for our Mobile Primary Care Clinic program. The RV costs \$590,000. In addition, offering the Neighborhood Clinics costs approximately \$600,000 annually.

Support our commitment to providing quality care across our communities by donating to the Mobile Primary Care Services Fund. Donations cover everything from supplies, vehicle maintenance and insurance to vaccines, cancer screenings and mental health counseling.



### Special Recognition

Want to leave your mark in a special way? We offer naming opportunities for the RV and the following parts:

- RV Purchase \$590,000
- RV Body \$150,000
- Cab and Chassis \$100,000 (named for Houff Transfer, Inc.)
- Exam Rooms: 2 at \$40,000 each (Exam Room 1 is named in memory of Dr. Charles Pauly)
- Lab Area \$33,000
- Supply Storage \$26,000
- Wheelchair Lift \$20,000
- Storage Rooms: 3 at \$10,000 each



To donate to the patient care program or service of your choice, visit [augustahealth.com/foundation/give](http://augustahealth.com/foundation/give) or scan below.



# A Simple Step for Peace of Mind

## *Do You Need to Create or Update Your Will?*

If you have no plan in place, or your plan hasn't been reviewed in the last five years, we can help. Augusta Health Foundation offers an impartial, confidential, values-based planning service with no hidden agendas, pressures or obligations at no cost to you.

A values-based plan addresses the following concerns:

- Do I have enough to ensure financial security for my future?
- How can I provide for my spouse, children and grandchildren?
- How can I give to my heirs in responsible and relevant ways?
- How can I minimize the tax burden for my heirs and maximize support for people and causes I hold dear?



“

*This planning process did not compete with my attorney or my financial planner's recommendations. It was actually supportive of our overall plans.*

*I also didn't realize additional worries my husband had about our financial plans. It was wonderful to see his relief because of this planning process. He told me he now sleeps better at night knowing we have our plans finalized AND aligned with our personal values.*

*The planning process has been a gift to us, and we can't recommend it enough. Thank you so much for this opportunity. - Bob Barron & Fred Blanton*

”



To request a free brochure on the values-based planning process, please contact:

**Peggy Caister**  
Development Officer  
macaister@augustahealth.com  
(540) 332-4883



[plannedgiving.augustahealth.com](http://plannedgiving.augustahealth.com)

### WALK-IN CARE

#### **Crozet Urgent Care**

**(434) 823-7896**

540 Radford Lane, Suite 250  
Charlottesville, VA 22903

#### **Staunton Urgent Care**

**(540) 245-7470**

851 Statler Blvd.  
Staunton, VA 24401

#### **Stuarts Draft Urgent Care**

**(540) 245-7880**

2570 Stuarts Draft Highway,  
Suite 100  
Stuarts Draft, VA 24477

#### **Waynesboro Urgent Care**

**(540) 245-7940**

201 Lew Dewitt Blvd., Suite A  
Waynesboro, VA 22980

#### **Weyers Cave Urgent Care**

**(540) 453-0040**

1140 Keezletown Road  
Weyers Cave, VA 24486

### PRIMARY CARE

#### **Primary Care, Buena Vista**

**(540) 261-1315**

2054 Sycamore Ave.  
Buena Vista, VA 24416

#### **Primary Care, Crozet**

**(434) 823-7896**

540 Radford Lane, Suite 250  
Charlottesville, VA 22903

#### **Family Practice, Churchville**

**(540) 213-9260**

3881 Churchville Ave.  
Churchville, VA 24421

#### **Community Clinic**

**(540) 332-5595**

78 Medical Center Drive  
Fishersville, VA 22939

#### **Internal Medicine, Fishersville**

**(540) 213-2630**

22 N. Medical Park Drive  
Fishersville, VA 22939

#### **Primary Care, Fishersville**

**(540) 332-5687**

53 S. Medical Park Drive  
Fishersville, VA 22939

#### **Primary Care, Harrisonburg**

**(540) 433-3344**

1751 Erickson Ave.  
Harrisonburg, VA 22801

#### **Primary Care, Lexington**

**(540) 463-3381**

55 Comfort Way, Suite 1  
Lexington, VA 24450

#### **Family Practice, Maury River**

**(540) 258-1700**

730 McCullough St.  
Glasgow, VA 24555

#### **Staunton Medical Associates**

**(540) 245-7725**

42 Lambert St., Suite 511  
Staunton, VA 24401

#### **Primary Care, Stuarts Draft**

**(540) 245-7870**

2570 Stuarts Draft Highway, Suite 101  
Stuarts Draft, VA 24477

#### **Family Practice, Verona**

**(540) 245-7425**

1 Green Hills Drive  
Verona, VA 24482

#### **Primary Care, Waynesboro**

**(540) 245-7950**

201 Lew Dewitt Blvd., Suite B  
Waynesboro, VA 22980

#### **Neighborhood Clinic**

**(540) 245-7914**

### SPECIALTY CARE

#### **Cardiology**

**(540) 245-7080**

78 Medical Center Drive  
Fishersville, VA 22939

#### **Center for Cancer & Blood Disorders**

**(540) 332-5960**

78 Medical Center Drive  
Fishersville, VA 22939

#### **Center for Diabetes & Endocrinology**

**(540) 245-7180**

15 Sports Medicine Drive, Suite 100  
Fishersville, VA 22939

#### **Diabetes and Nutrition Education**

**(540) 213-2537**

15 Sports Medicine Drive, Suite 101  
Fishersville, VA 22939

#### **Gastroenterology**

**(540) 245-7350**

70 Medical Center Circle, Suite 302  
Fishersville, VA 22939



**Hereditary & High-Risk Clinic  
(540) 245-7145**

78 Medical Center Drive  
Fishersville, VA 22939

**Infectious Disease  
(540) 245-7030**

70 Medical Center Circle, Suite 201  
Fishersville, VA 22939

**Metabolic Weight  
Management Clinic  
(540) 213-2630**

22 N. Medical Park Drive  
Fishersville, VA 22939

**Multispecialty Clinic, Crozet  
(434) 823-7896**

540 Radford Lane, Suite 250  
Charlottesville, VA 22903

**Multispecialty Clinic,  
Harrisonburg  
(540) 214-5682**

644 University Blvd.  
Harrisonburg, VA 22801

**Multispecialty Clinic,  
Lexington  
(540) 464-3465**

30 Greenhouse Road  
Lexington, VA 24450

**Neurology  
(540) 332-5878**

70 Medical Center Circle, Suite 206  
Fishersville, VA 22939

**OB-GYN, Fishersville  
(540) 213-7750**

39 Beam Lane  
Fishersville, VA 22939

**OB-GYN, Harrisonburg  
(540) 438-1314**

240 Lucy Drive  
Harrisonburg, VA 22801

**OB-GYN, Lexington  
(540) 463-7751**

110 Houston St., Suite C  
Lexington, VA 24450

**Occupational/Employee  
Health  
(540) 245-7520**

57 N. Medical Park Drive, Suite 101  
Fishersville, VA 22939

**Otolaryngology (ENT)  
(540) 245-7010**

70 Medical Center Circle,  
Suite 211  
Fishersville, VA 22939

**Outpatient Behavioral Health  
(540) 213-2544**

79 N. Medical Park Drive  
Fishersville, VA 22939

**Pain Management  
(540) 332-5747**

70 Medical Center Circle,  
Suite 305  
Fishersville, VA 22939

**Palliative & Transitional Care  
(540) 245-7262**

78 Medical Center Drive  
Fishersville, VA 22939

**Pulmonology & Critical Care  
(540) 245-7190**

70 Medical Center Circle,  
Suite 308  
Fishersville, VA 22939

**Rheumatology & Osteoporosis  
(540) 245-7170**

70 Medical Center Circle, Suite 210  
Fishersville, VA 22939

**Sleep Clinic  
(540) 332-4169**

57 N. Medical Park Drive  
Fishersville, VA 22939

**Spine Clinic  
(540) 245-7400**

70 Medical Center Circle, Suite 103  
Fishersville, VA 22939

**Sports Medicine  
(540) 213-2810**

57 N. Medical Park Drive, Suite 105  
Fishersville, VA 22939

**Surgery, Breast  
(540) 332-4650**

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