



Team Member Volunteerism



What We Are:

Augusta Well Together believes volunteering is beneficial to a person’s health and well-being, reducing stress, improving mood, and providing a sense of purpose. Current opportunities to give back to your community and earn wellness points are listed below. Please email the contact person if you want to volunteer your time. Points will be awarded after the event has concluded. **Limit 1000 points per quarter.**

Current Events:

Event	Date, Time & Location	Contact Person	Points Value	Notes
Food Pantry	Mondays @ 8a - 4p Tuesdays @ 12p - 4p Thursdays @ 8a - 4p	Abby Calvert amcalvert@augustahealth.com	500 points (2 hour shifts) 1000 points (4 hour shifts)	You can choose 4 hour time slots (preferred) or 2 hour time slots (less preferred) to volunteer. Volunteers will be checking patients/community members in & restocking the food pantry when needed.
Food Box Delivery	October 1	Catherine Hill chill@augustahhealth.com	500	Pick-up food boxes around 9:30/10a at ACC. Deliveries unless take around 1/1.5 hr.
Shenandoah House Gardening	October 11 7-9am 4-6pm	Lori Showalter lshowalter@augustahealth.com	500	<i>Planting winter pansies, mulching, cutting back flowers, etc. We are looking for 4-6 volunteers per day and start/end times are flexible.</i>

Event	Date, Time & Location	Contact Person	Points Value	Notes
Food Box Delivery	October 15	Catherine Hill chill@augustahealth.com	500	Pick-up food boxes around 9:30/10a at ACC. Deliveries unless take around 1/1.5 hr.
Shenandoah House Gardening	October 16 4-6pm	Lori Showalter lshowalter@augustahealth.com	500	<i>Planting winter pansies, mulching, cutting back flowers, etc. We are looking for 4-6 volunteers per day and start/end times are flexible.</i>
Shenandoah House Gardening	October 17 4-6pm	Lori Showalter lshowalter@augustahealth.com	500	<i>Planting winter pansies, mulching, cutting back flowers, etc. We are looking for 4-6 volunteers per day and start/end times are flexible.</i>
Food Box Delivery	October 29	Catherine Hill chill@augustahealth.com	500	Pick-up food boxes around 9:30/10a at ACC. Deliveries unless take around 1/1.5 hr.
Food Box Delivery	November 12	Catherine Hill chill@augustahealth.com	500	Pick-up food boxes around 9:30/10a at ACC. Deliveries unless take around 1/1.5 hr.
Shenandoah House Gardening	November 12 3 - 5pm	Lori Showalter lshowalter@augustahealth.com	500	<i>Planting winter pansies, mulching, cutting back flowers, etc. We are looking for 4-6 volunteers per day and start/end times are flexible.</i>
Shenandoah House Gardening	November 14 7am - 9am	Lori Showalter lshowalter@augustahealth.com	500	<i>Planting winter pansies, mulching, cutting back flowers, etc. We are looking for 4-6 volunteers per day and start/end times are flexible.</i>
Food Box Delivery	November 26	Catherine Hill chill@augustahealth.com	500	<i>Pick-up food boxes around 9:30/10a at ACC. Deliveries unless take around 1/1.5 hr.</i>
Food Box Delivery	December 10	Catherine Hill chill@augustahealth.com	500	<i>Pick-up food boxes around 9:30/10a at ACC. Deliveries unless take around 1/1.5 hr.</i>